

Anti-Racism Resource Directory for Families

LEARNING HEROES



Age-based tips, advice, and activities

Like so many parents and guardians, you may not know where to start with discussions of race, justice, and anti-racism with your children. Or maybe you have already had family conversations and are looking to further the discussion or explore action. Black History Month offers another opportunity to deepen the conversation. Here you'll find resources to help you celebrate Black heroes as well as age-based tips and conversation starters for talking about race, justice and anti-racism.

CELEBRATING BLACK HISTORY

5 Podcasts for Kids That Discuss Race and Diversity:

Chicago Parent provides recommendations for Podcasts to continue the anti-racism conversation.

50 KidLit & YA Books with Black Protagonists: We Are Teachers provides recommended titles written for and by people of color.

Because of Them We Can: Articles and videos on a variety of topics designed to help children embrace, amplify, and exude Black excellence.

Beyond Slavery and Civil Rights: What Parents Need to Know about Black History Month: From The Washington Post, ten tips for parents with an emphasis on racial equity and acknowledging harsh truths.

Black History Museums You Can Explore from Home: This Mamma Wanderlust blog post provides links to virtual exhibits from museums across the country.

Coretta Scott King Book Award Winners: CommonSense Media provides a list of the books selected for their appreciation of African American culture and universal human values.

Discuss Amanda Gorman's The Hill we Climb: PBS Newshour provides a number of activities to use with

middle and high school students in connection with the poem Amanda Gorman delivered at the inauguration.

Storyline Online: Find a collection of titles celebrating black stories and voices. In addition to watching videos of actors reading the books, families can find suggested activities that connect with each title.

CONVERSATION STARTERS ABOUT RACE

Early Childhood and Elementary

Talking to Young Children about Race and Racism:

PBS KIDS for Parents provides your family insights on discussing race and racism. This page also suggests books and episodes of PBS series that highlight the topic, along with links to other resources.

Anti-Racism for Kids 101: Starting to Talk About Race:

Unsure how to start conversations about race and racism? Books for Littles provides tips alongside suggestions of titles that celebrate diversity.

Middle School and Up

Talking About Race:

From The National Museum of African American History and Culture, this is a guide to help children understand what race is, how it operates in society, and why race in America is important. It also includes a section dedicated to Being Antiracist.

Visit belearninghero.org to learn more!

[George Floyd, Racism, and Law Enforcement:](#) This ADL guide provides background information and questions to inspire critical thinking and determine ways that your child can get further involved. [Disponible en español.](#)

All Ages

[Ten Tips for Teaching and Talking to Kids About Race:](#) This resource, a collaboration between EmbraceRace and MomsRising, is designed to help your family talk to children about race. [Disponible en español](#)

[How Can Parents Make Their Kids Understand How to Be Anti-Racist?:](#) From NPR, children's author Renee Watson and anti-racism scholar Ibram Kendi share insights on how you can stage these important conversations.

[Anti-Racism for Kids: An Age-by-Age Guide to Fighting Hate:](#) Parents Magazine provides tips for addressing the issues of racism and hate with your children aged toddler to teen.

[Talking with Children about Racism, Police Brutality and Protests:](#) Aha! Parenting's guidance is tailored by age group. This piece also includes suggestions for helping your older children get involved.

ACTIVITIES

Early Childhood and Elementary

[Thinking About Social Justice through Crafts and Conversation:](#) ADL provides ideas for families that couple important conversations with hands-on activities.

Middle School and Up

[10 Ways Youth Can Engage in Activism:](#) While this guide from ADL is intended for educators, your family can use it to provide guidance on getting more actively involved in the anti-racist movement.

All Ages

[How White Parents Can Use Media to Raise Anti-Racist Kids:](#) Common Sense Media's guide highlights ways that your family can use media to improve awareness of race, and the history of racial oppression in the United States.

["I \[STILL\] Can't Breathe": Supporting Kids of Color Amid Radicalized Violence:](#) EmbraceRace's conversation with Allison Briscoe-Smith provides your family guidance for supporting children of color during this critical time.

BOOK LISTS

Early Childhood and Elementary

[10 Tips for Reading Picture Books with Children through a Race-Conscious Lens:](#) EmbraceRace provides tips for using children's books as the foundation for meaningful conversations with your children about race.

[Black Lives Matter Instructional Library:](#) This slideshow provides links to read-alouds of books categorized by theme, including Activism and Advocacy, Self-Love and Empowerment, and Libros en Español.



[Looking for Excellent "Diverse" Books for Kids? Start Here!:](#)

This EmbraceRace resource provides tips for finding anti-bias books and those that showcase diversity. It also suggests sites where your family can access these titles digitally.

All Ages

[Black Lives Matter: A Message from City Librarian John F Szabo:](#) From the Los Angeles Public Library, this message is followed by a list of relevant titles for children, teens/adults, and in Spanish. Look for these titles at your local library.

[Books about Racism and Social Justice:](#) Common Sense Media has created a list of titles that tell the story of individuals' experiences with racism and their actions in pursuit of social justice. The list can be filtered by age, from preschool through teenager.

[GreatSchools Book Lists:](#) GreatSchools suggests titles on a number of themes, including celebrating diversity. You can filter the list for any grade from Pre-K through 8th.

DIRECTORIES

Early Childhood and Elementary

[Resources for Young Children on Race, Racism, and More:](#) Links to resources from PBS, NPR, and other platforms on topics such as cultural awareness and diversity, resilience, and talking about the news.

All Ages

[Anti-Racist Resources for Families, Educators, and Students:](#) From WNET, this site features links to episodes of PBS programs about race and racism for both younger children and middle and high schoolers.

[PBS Learning Media Resources: Race, Racism, Protests, Civil Rights, Current Events, and More:](#) This document contains an extensive list of resources made available by PBS Learning Media. This list is primarily for parents and caregivers in search of resources for themselves.