

Anti-Racism Resource Directory for Families

LEARNING HEROES



Resources for Multiple Grade Levels

Like so many parents and guardians, you may not know where to start with discussions of race, racial justice, and anti-racism with your children. Or perhaps you have already had family conversations and are looking to further the discussion or explore action. This Learning Heroes directory assists families as they navigate the many free resources that are available. While this is by no means exhaustive, we hope you will find it useful as your family talks and learns about racial equality.

CONVERSATION STARTERS

Early Childhood and Elementary

Talking to Young Children about Race and Racism: PBS KIDS for Parents provides your family insights on discussing race and racism. This page also suggests books and episodes of PBS series that highlight the topic, along with links to other resources.

Anti-Racism for Kids 101: Starting to Talk About Race: Unsure how to start conversations about race and racism? Books for Littles provides tips alongside suggestions of titles that celebrate diversity.

Middle School and Up

Talking About Race: From The National Museum of African American History and Culture, this is a guide to help children understand what race is, how it operates in society, and why race in America is important. It also includes a section dedicated to Being Antiracist.

George Floyd, Racism, and Law Enforcement: This ADL guide provides background information and questions to inspire critical thinking and determine ways that your child can get further involved. This is also available in Spanish.

All Ages

Ten Tips for Teaching and Talking to Kids About Race: This resource, a collaboration between EmbraceRace and MomsRising, is available in English and Spanish. The tips are designed to help your family, regardless of background, talk to children about race. [*Disponible en español*](#)

How Can Parents Make Their Kids Understand How to Be Anti-Racist?: From NPR, children's author Renee Watson and anti-racism scholar Ibram Kendi share insights on how you can stage these important conversations.

Anti-Racism for Kids: An Age-by-Age Guide to Fighting Hate: Parents Magazine provides tips for addressing the issues of racism and hate with your children aged toddler to teen.

Talking with Children about Racism, Police Brutality and Protests: Aha! Parenting's guidance is tailored by age group. This piece also includes suggestions for helping your older children get involved and provides links to further resources.

Visit belearninghero.org to learn more!

ACTIVITIES

Early Childhood and Elementary

[Thinking About Social Justice through Crafts and Conversation:](#) ADL provides ideas for families that couple important conversations with hands-on activities.

Middle School and Up

[10 Ways Youth Can Engage in Activism:](#) While this guide from ADL is intended for educators, your family can use it to provide guidance on getting more actively involved in the anti-racist movement.

All Ages

[How White Parents Can Use Media to Raise Anti-Racist Kids:](#) Common Sense Media's guide highlights ways that your family can use media to improve children's awareness of race, racism, and the history of racial oppression in the United States.

["I \[STILL\] Can't Breathe": Supporting Kids of Color Amid Radicalized Violence:](#) EmbraceRace's conversation with Allison Briscoe-Smith provides your family guidance for supporting children of color during this critical time.

BOOK LISTS

Early Childhood and Elementary

[10 Tips for Reading Picture Books with Children through a Race-Conscious Lens:](#) EmbraceRace provides tips for using children's books as the foundation for meaningful conversations with your children about race.

[Black Lives Matter Instructional Library:](#) This slideshow provides links to read-alouds of books categorized by theme, including Activism and Advocacy, Self-Love and Empowerment, and Libros en Español.

[Looking for Excellent "Diverse" Books for Kids? Start Here!:](#) This EmbraceRace resource provides tips for finding anti-bias books and those that showcase diversity. It also suggests sites where your family can access these titles digitally.

All Ages

[Anti-Racism Books for Kids:](#) The New York Times suggests titles for all ages, from 0-3 to teens, alongside an article providing tips for conversations regarding race and racism.

[Black Lives Matter: A Message from City Librarian John F Szabo:](#) From the Los Angeles Public Library, this message is followed by a list of relevant titles for children, teens/adults, and in Spanish. Look for these titles at your local library.



[Books about Racism and Social Justice:](#) Common Sense Media has created a list of titles that tell the story of individuals' experiences with racism and their actions in pursuit of social justice. The list can be filtered by age, from preschool through teenager.

[GreatSchools Book Lists:](#) GreatSchools suggests titles on a number of themes, including celebrating diversity. You can filter the list for any grade from Pre-K through 8th.

DIRECTORIES

Early Childhood and Elementary

[Anti-Racism Tools:](#) Trying Together provides links to a number of articles and other resources, along with a list of book titles, to support your family in raising anti-racist children.

[Resources for Young Children on Race, Racism, and More:](#) This document provides links to resources from PBS, NPR, and other platforms on topics such as cultural awareness and diversity, resilience, and talking about the news.

All Ages

[Anti-Racist Resources for Families, Educators, and Students:](#) Compiled by WNET, this site features links to episodes of PBS programs about race and racism for both younger children and middle and high schoolers. Links to a number of other resources, including some highlighted in this document, are also included.

[PBS Learning Media Resources:](#) Race, Racism, Protests, Civil Rights, Current Events, and More: This document contains an extensive list of resources made available by PBS Learning Media. While some of these may also be suitable for older children, this list is primarily for parents and caregivers in search of resources for themselves.