Keep it Simple…
So what we say is what parents hear

When We Say…
- Self Regulation
- Grit
- Growth Mindset
- Executive Function

Parents Think…
- ...like therapy?
- Grit sounds negative, like a struggle.
- Seeing a different picture? I'm not sure...
- Going to the bathroom?

Try This…
- Self Control
- Taking on challenges. Learning from effort.
- Learning from mistakes.
- Organizational Skills