



Keep it Simple...

So what we say is what parents *hear*

When We Say...

Self Regulation

Grit

Growth Mindset

Executive Function

Parents Think...

...like therapy?

Grit sounds negative,
like a struggle.

Seeing a different
picture? I'm not sure...

Going to
the bathroom?

Try This...

Self Control

Taking on challenges.
Learning from effort.

Learning from
mistakes.

Organizational Skills