

BACKPACK AND SUPPLIES—  
CHECK! WHAT'S LEFT TO DO  
FOR BACK TO SCHOOL?

THE 'READINESS CHECK'—A  
QUICK MATH AND READING  
REVIEW FROM LAST YEAR.  
WE'LL SHARE IT WITH YOUR  
NEW TEACHER TO GET SUPPORT  
RIGHT FROM THE START!

SUPER  
**5** Back-to-School Power Moves



Want a gut check on how  
ready your child is for the  
new school year?

It only takes a few minutes  
with the Readiness Check!

Go to [belearninghero.org](http://belearninghero.org) for the Readiness Check, a new (free) interactive tool developed by leading experts in math and reading, to see how your child has learned foundational skills needed for this year and how to support them at home.

**1** Get a Gut Check

Use the **Readiness Check** to see how prepared your child is for their new grade. Pay attention to how easy or hard it is for them to do grade-level tasks, and look at their annual state test results from last year. If you haven't received the results yet, ask your child's teacher.

**2** Partner Up

At your first teacher meeting, bring your child's state test results and ask what they mean for this year. Find out what's expected of your child and how you can support at home. Help the teacher get to know your child by sharing their interests and strengths as well. You can also share what you learned from the **Readiness Check**.

**3** Make It Fun

You are the expert on your child and can help make learning exciting! Read together, choosing topics that interest your child. Find math in everyday life and turn it into a game. These small learning moments add up to a lot!

**4** Celebrate Effort

Help your child see that hard work is what leads to success. Focus on effort and what your child is learning. This will help your child feel less nervous about new tasks or subjects.

**5** Support Life Skills

Strengths such as communication, problem-solving, and confidence will help your child in school and life. Talk openly with your child about how they feel and how they handle situations, especially the tough ones.

Go to [belearninghero.org](http://belearninghero.org) for the **Readiness Check** and more!